

HAPPY NEW YEAR 2021

PAUL.....SUSANNE.....CARTER PRODUCTIONS

Love Light Peace to ALL.



*As the season's turn from the first lock down March 2020 we wish everyone to be safe and healthy.
We look forward to being together again.*

SO WHAT'S HAPPENING?

Since 2006, in a studio that no longer exists I began a cardio workout class with three women. Today with up to 13 participants in SWEATnDANCE we dance, move and strength train. We have gone to outdoor workouts and ZOOM Mondays 5pm Thursdays 9am CST.

YOGA MIX going strong since 2008. In all these years we have continued to practice yoga at Alverno College, in city parks and now on ZOOM Wed. 4:30pm Thurs. 4pm CST. Paul has accompanied us with beautiful guitar music. We have captured his music on a YOGA MIX MUSIC AND MEDITATIONS CD. It also includes 4 meditations that I wrote.

In 2009 I got hooked on teaching dance to people with Parkinson's Disease offered in two locations in the Milwaukee metro area. Paul has accompanied us over these many years, in recitals and several on line projects. This class is now THE FREE ZOOM PARKINSON'S DANCE CLASS Thurs. 1-2pm CST. See Susanne's YOUTUBE channel for THE PARKINSON'S DANCE CLASS: <https://www.youtube.com/channel/UCVIcg3g2og8wTIIUdLjBCgw/>

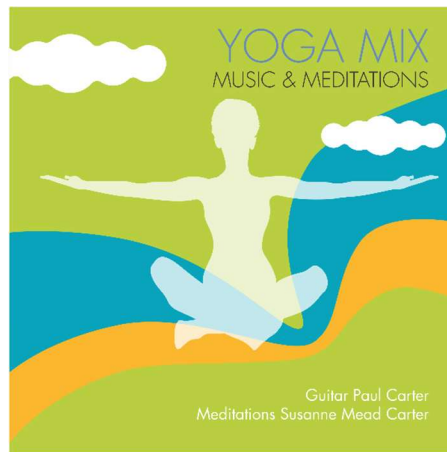
Check our WEB PAGE and join us on ZOOM: www.carterproductions.com



On the homefront.....We continue to spend time with grandsons Jonas-5 & Keaton-8 with sleepovers, visits, family meals, baseball games and now helping them with online learning. Susanne a 1970 graduate of Whippany Park High School in New Jersey has had her 50th reunion postponed until 2021. I miss visiting my NJ and Indiana relatives.



In August Maryann Carter turned 90 years old. Her four sons took her to northern Wisconsin to see the remodeling of the Carter Cabin. From left to right: Maryann (the matriarch), Tim (loves wearing a mask), Geoff (our published author and PHD), Bob (a man of many talents, cabin remodeler, published historian, archivist and more) and Paul (guitarist, grandfather, Army veteran and former Harley Davidson data base admin).



www.carterproductions.com

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 YOGA MIX MUSIC AND MEDITATIONS-This CD includes Paul's beautiful solo guitar music and four meditations written by yours truly Susanne.
 PRODUCED by Carter Productions.

To purchase live streaming go to:

https://www.amazon.com/gp/product/B082GHYW9W/ref=dm_ws_sp_ps_dp

OR CONTACT ME DIRECTLY AND I CAN SEND YOU CD or answer any questions.
 THANKS. CDs are \$20, mailing costs are free.